Bibliography

Books:

Alexandra Carter, Larraine Nicholas and Geraldine Morris, *Rethinking Dance History: A Reader*. Routledge, 2004.

Ali Duffy, *Careers in Dance.* Human Kinetics, 2021.

Angela Pickard and Doug Risner, *Dance, Professional Practice, and the Workplace.* Routledge, 2020.

Ann Dils and Ann Copper Albright, *Moving History/Dancing Cultures: A Dance History.* Wesleyan University Press, 2001.

Gayle Kassing, *Dance On: Dancing Through Life.* Human Kinetics, 2023.

Janet Adshead-Lansdale and June Layson, *Dance History: An Introduction.* Routledge, 1983.

Lepecki, André. *Exhausting Dance: Performance and the Politics of Movement.* New York: Routledge, 2006.

Sarah Wilbur, *Funding Bodies: Five Decades of Dance Making at the National Endowment for the Arts.* Wesleyan University Press, 2021.

Thomas M. Smith, *Raising the Barre: The Geographic, Financial, and Economic Trends of Nonprofit Dance Companies.* The National Endowment for the Arts, 2003.

Uwe Herrman, Margret Hills De Zárate, and Salvo Pitruzzella, *Arts Therapies and the Mental Health of Children and Young People: Contemporary Research, Theory and Practice.* Routledge, 2021.

Valerie A. Briginshaw, *Dance, Space and Subjectivity.* Palgrave Macmillan, 2001

Articles:

Basso, Julia C., Medha K. Satyal, and Rachel Rugh. “Dance on the Brain” Enhancing Intra and Inter-Brain Synchrony.” *Frontiers in Human Neuroscience* 14 (2021): 584312. https://pmc.ncbi.nlm.nih.gov/articles/PMC7832346/

Bruin, David. “The New York City Performance Space-Time Continuum.” *Theater 47*, no. 2 (2017): 1-7. https://research-ebsco-com.proxy.lib.miamioh.edu/c/2rzo3y/viewer/pdf/ui57ermfqr?route=details&proxyApplied=true

Franko, Mark. “Dance and the Political: States of Expectation." *Dance Research Journal* 38, no. ½ (2006): 3-18. http://www.jstor.org/stable/20444656

Gabriel, Damien, Julie Devos, Sandrine Chapuis, Alexandre Comte, and Pierre-Edouard Billot. “Watching Live Performances Enhances Subjective and Physiological Emotional Responses Compared to Viewing the Same Performance on Screen.” *IBRO Neuroscience Reports* 19 (2025): 381-390. https://pubmed.ncbi.nlm.nih.gov/40832113/

Grimmett, Julia. “Live Dance Sparks Brain Synchrony.” *Neuroscience News,* July 9, 2025. https://neurosciencenews.com/live-dance-brain-synchrony-29422/

Hackney, James M., Sara Brummel, Mary Newman, Shannon Scott, Mather Reingagel and Jennifer Smith. “Effect of Reduced Stiffness Dance Flooring on Lower Extremity Joint Angular Trajectories during a Ballet Jump.” *Journal of Dance Medicine & Science* 19, no. 3 (2015): 110-117. https://www.researchgate.net/publication/280644619_Effect_of_Reduced_Stiffness_Dance_Flooring_on_Lower_Extremity_Joint_Angular_Trajectories_During_a_Ballet_Jump

Irving, Briar, Christopher Kavanagh, Ronald Fischer, and Maski Yuki, "Dance for the Dead: The Role of Top-Down Beliefs for Social Cohesion and Anxiety Management in Naturally Occurring Collective Rituals." *PLOS ONE* 19, no. 3 (2024) https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0291655

Kronsted, Christian and Gallagher, Shaun. "Dance and Affordances: The Relationship between Dance training and Conceptual Problem-Solving." *University of Illinois Press* 55, no. 1 (2021): 35-55. https://www.jstor.org/stable/pdf/10.5406/jaesteduc.55.1.0035.pdf?refreqid=fastly-default%3A7e71dd357a9a02090b0c25bb33c77488&ab_segments=0%2Fbasic_search_gsv2%2Fcontrol&initiator=&acceptTC=1

McCarthy-Brown, Nyama. "Decolonizing Dance Education in Higher Education: One Credit at a Time." *Journal of Dance Education* 14, no. 4 (2014) 125-129. https://theatre.indiana.edu/research-creative-activity/publications/articles/decolonizing-dance-education.html

Mackrell, Judith R. "Dance" *Encyclopedia Britannica*. Last modified April 3, 2024. https://www.britannica.com/art/dance

Netzer, David and Parker, Ellen. *Dancemakers.* NEA Research Report #28. Washington, DC: National Endowment for the Arts, 1993. https://www.arts.gov/sites/default/files/NEA-Research-Report-28.pdf

Netzer, Dick. "Dance in New York: Market and Subsidy Changes." *The American Economic Review 76,* no. 2 (1986): 15-19. https://www.jstor.org/stable/pdf/1818727

Schwarz, Samuel. "A New Look at the Earnings Gap in the Arts." *Journal of Cultural Economics* 6, no. 2 (1982): 1-10. https://www.jstor.org/stable/41804877

Tao, Dan, Yang Gao, Alistair Cole, Julian S. Baker, Yaodong Gu, Rashmi Supriya, Tomas K. Tong, Qiuli, and Roger Awan-Scully. “The Physiological and Psychological Benefits of Dance and Its Effects on Children and Adolescent: A Systematic Review.” *Frontiers in Physiology* 13 (2022): Article 925958. https://pubmed.ncbi.nlm.nih.gov/35770195/

Websites:

Bureau of Labor Statistics, U.S. Department of Labor. “*Dancers and Choreographers.*” Occupational Outlook Handbook. Last modified August 28, 2025. Accessed January 27, 2026. https://www.bls.gov/ooh/entertainment-and-sports/dancers-and-choreographers.htm

Bureau of Labor Statistics, U.S. Department of Labor. “*Dancers and Choreographers: Pay and Job Outlook.*” Occupational Outlook Handbook. Last modified August 28, 2025. Accessed January 27, 2026. https://www.bls.gov/ooh/entertainment-and-sports/dancers-and-choreographers.htm#tab-6

Dance/NYC. “Beyond NYC Dance: Data on Artists Across New York State.” *Dance Workforce Resilience Hub,* Accessed October 14, 2025. https://hub.dance.nyc/our-new-york-city-dance/beyond-nyc-dance-data-on-artists-across-new-york-state/

Dance/NYC. “Dance Industry Census Data Findings & Key Takeaways.” *Dance/NYC,* April 10, 2023. Accessed October 14, 2025. https://www.dance.nyc/CensusData

Dance/USA. “Tax and Nonprofit Policy.” Accessed September 17, 2025. https://www.danceusa.org/tax

Gross, Rebecca. “Dancing to Success: The Honors Program at COCA in St. Louis.” *National Endowment for the Arts*, January, 2013. Accessed October 13, 2025. https://www.arts.gov/stories/magazine/2013/1/engaged-and-empowered/dancing-success

Horwitz, Andy. “The Untenable Economics of Dancing.” *Culturebot,* March 7, 2014. Accessed November 12, 2025. https://www.culturebot.org/2014/03/21361/the-untenable-economics-of-dancing/

Kudlinski, Lucy. “Dance Groups Struggle to Find Reliable, Safe, and Adequate Rehearsal Space, Exacerbated by Bernard Renovations.” *Columbia Spectator,* February 7, 2023. Accessed October 9, 2025. https://www.columbiaspectator.com/arts-and-culture/2023/02/07/dance-groups-struggle-to-find-reliable-safe-and-adequate-rehearsal-space-exacerbated-by-barnard-renovations/

Leopold, Lizzie. “Bridging the Gap: The Rocky Landscape of Today’s Dance Business.” *Dance/USA*, September 22, 2011. November 16, 2025. https://www.danceusa.org/ejournal/2011/09/22/bridging-the-gap-the-rocky-landscape-of-today-s-dance-business

Lindberg, Sara, and Anisha Mansuri. “Benefits of Dance: 8 Benefits for Adults and Kids.” *Healthline*, September 27, 2024. Accessed October 13, 2025. https://www.healthline.com/health/fitness-exercise/benefits-of-dance

Marion, Julien. “How Much Do Dancers Make?” *More than Dancers,* January 19, 2021. Accessed October 27, 2025. https://www.morethandancers.com/posts/how-much-do-dancers-make

Royce, Anya Peterson. “The Anthropology of Dance.” Bloomington, IN: Department of Anthropology, Indiana University Bloomington, 2002. Accessed November 8, 2025. https://anthropology.indiana.edu/research/publications/the-anthropology-of-dance.html

UCLA Health. “Free Moving’ Dance Has Healing Benefits for People with Mental Health Concerns.” *UCLA Health News,* July 31, 2024. Accessed October 13, 2025. https://www.uclahealth.org/news/article/free-moving-dance-has-healing-benefits-for-people-with-mental-health-concerns

University of Sydney. “Dancing May Be Better Than Other Exercise for Improving Mental Health.” *News & Opinion (University of Sydney,* February 12, 2024. Accessed October 9, 2025. https://www.sydney.edu.au/news-opinion/news/2024/02/12/dancing-may-be-better-than-other-exercise-for-improving-mental-h.html

WBHI Admin. “Dancing Improves Brain Health.” *Women’s Brain Health Initiative*, November 6. Accessed October 13, 2025. https://womensbrainhealth.org/think-tank/great-minds-think-alike/dancing-improves-brain-health

Whittenburg, Zachary. “The Economics of Dance - Dance’s Future According to the Numbers.” *Dance Magazine,* February 26, 2024. Accessed November 4, 2025. https://dancemagazine.com/dance-economics/#gsc.tab=0

Reports:

Americans for the Arts. *Dance Education in American Public Schools: Case Studies.* Washington, DC: American for the Arts, 2016.

https://www.americansforthearts.org/by-program/reports-and-data/legislation-policy/naapd/dance-education-in-american-public-schools-case-studies-0

Bradley, Karen, Jane Bonbright and Shonnon Dooling. *Evidence: A Report on the Impact of Dance in the K-12 Setting.* Washington, DC: National Dance Education Organization and National Endowment for the Arts, 2013. https://www.arts.gov/sites/default/files/Research-Art-Works-NDEO.pdf

Citizens Budget Commission. *A Building Crisis: How New York's Housing Shortage Threatens Its Future*. New York: Citizens Budget Commission, 2024. https://cbcny.org/building-crisis

Citizens Budget Commission. *A Building Crisis: The Quality of Life, Population, and Economic Effects of Housing Underproductions*. Policy Brief, June 2024. https://cbcny.org/sites/default/files/media/files/CBCBRIEF_NYC-Housing-Underproduction_06252024.pdf

U.S. Census Bureau. *New York Housing and Vacancy Survey, 2023.* Washington, DC: U.S. Department of Commerce, 2024. https://www.nyc.gov/assets/hpd/downloads/pdfs/about/2023-nychvs-selected-initial-findings.pdf